



Hello Parents,

We're so excited you've chosen to give your child the wonderful gift of learning how to swim! We're looking forward to having your child in our upcoming session and can't wait to see their progress.

Before we dive in, we kindly ask you to take a moment to review a few important things about our lessons:

- **Make-up lessons:** Due to our busy schedule, we aren't able to offer make-up lessons. But if a class is canceled due to bad weather, we'll work with you to find a time for a make-up lesson.
- **Parent presence:** We ask that a parent or guardian stays with us throughout the lesson. While we love having you there to support your child, we've found that children focus better when parents don't interact with them during the lesson. If we feel it would help, we'll ask you to step in and assist.
- **Special circumstances:** If your child has any specific needs that might affect their swimming, please let us know before the first class so we can provide the best experience and instructor for your child.
- **Progress takes time:** Swimming is a skill that takes time to master, just like playing the piano or learning any other talent! Be patient with your child's progress. Typically, we recommend 2-4 sessions for maximum progress.
- **Lesson timing:** Lessons are 25 minutes long, so please be sure to arrive on time and pick up your child promptly. This helps everything run smoothly.
- **Be ready for class:** If your child has longer hair, please tie it back before class to avoid distractions. Also, please make sure your child isn't chewing gum or eating during class, and encourage them to use the restroom before jumping into the pool.
- **Goggles:** If your child would like to wear goggles, please provide a high-quality pair. We recommend Speedo Jr. or Tyr, as cheaper goggles tend to fall off or leak, which can waste precious lesson time.

If you ever have any feedback or suggestions as we go along, I'd love to hear from you! Feel free to reach out to me anytime.

Looking forward to an amazing session!

Sincerely,

Lindsey Atwood

Swim Director

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